# March 2016

UNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURD
		1	2	3	4	5
	7	8	9	10	11	12
	14	15	16	17	18	19
	21	22	23	24	25	26
	28	29	30	31		



# **CALENDAR**

March 2 Senior Dinner

March 3 ~ Italian Cooking class

March 4, 18 Winter TAFFY / Bingo

March10 Pre R.E.E.A.C.T. training 6pm

March 14, 28 "Community Jam Session"

March 15 AARP Driver Safety Class

March17 Happy St Patrick's Day

March 21 YO meeting

March 21 &22 AARP Driver Safety Class

March 22 Teen Meeting / Spring Party

March 24 ~ Historical dinner

March 25 ~ Closed ~ Good Friday



# **Youth Programs:**

**Teen Meeting** 

March 22 ~ 4:30 pm Spring Party

**YO Meeting** 

March 21 ~ 5 pm Monthly Meeting

**Winter TAFFY** 

March 4, 18 5-7pm 'BINGO'

Volunteer Opportunities Available Youth Dept.: 562-8443 ext 307

# Spring Party



Tuesday, March 22nd Big Flats Community Center 6:00 PM

Children 10 years and under

Crafts, Face Painting, Egg Coloring Refreshments & Goody Bags

> Bring your camera for pictures with the bunny!

For more information call Town of Big Flats Youth Department

# Senior Monthly Dinner



Bring a dish to pass & Your Place Setting

First Wednesday of the month

March 2, 2016 6:00 pm

Program: Jerry Droeleski—Accordion Music

~ All are Welcome ~

### **AARP Defensive Driving Class**

March 15 9:00am—3:30 pm March 21& 22  $\sim 5:30 - 9:00 \text{ pm}$ 



\$5.00 / person fee for BFCC

Call/stop in to register for classes

562-8443 ext 303



## **Italian Cooking Class**

with MaryAnne Holleran



Thursday, March 3, 2014 6:30-8:30 pm Cost \$20 / person **MENU:** 

White Bean & Arugula Salad Rigatoni w/Shiitake Mushrooms & Artichokes Baked Pears & Grapes

Space is limited; call office to sign up Next class: April 7, 2015

## Pre. R.E.E.A.C.T. And Prepare for an Active Shooter

Pre-R.E.E.AC.T. is a program that explains simply, why you need to prepare to respond to an active shooter, the actions that you need to take, and how to prepare ahead of time so that you WILL react immediately, increasing your odds of surviving an active shooter crisis.

#### Open to All Big Flats residents

**Class Date:** Thursday, March 10, 2016

Time: 6:00 pm

**Big Flats Community Center** Location:

No Cost Fee:

For additional information:

BFCC office 562-8443 ext. 303

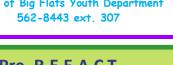
### ~Calling all Musicians ~

Looking to Share your talents and learn new music and most of all have FUN?

Community Jam Session

2nd & 4th Monday / month 6-9pm Big Flats Community Center

Open to all musicians of any talent & skill level



# March2016



# Exercise Classes

Dance with Tracy Wigley:

Mondays 4:00-5:00pm / Fee \$15 per class Childrens Ballroom & Latin

Mondays 6:30-7:30 pm / Fee: \$10 per class **Boot Scootin' Bandits Line Dancing** 

Mondays 7:30-8:30 pm / Fee: \$15 per class **International Latin** 

Thursdays 4:00-5:00pm / Fee \$10 per class Children's Ballroom & Latin Team

Thursdays 6:30-7:30 pm / Fee: \$15 per class **Social & Party Dance** 

Thursdays 7:30-8:30 pm / Fee: \$15 per class **Ballroom & Latin Dance** 

**Bone Builders** 

Tuesdays/Thursdays 10:00-11:00 am Call Cornell Cooperative Extension 734-4161 to register.

(doctor's release and paperwork required for new participants)

Flexibility Exercises

(using chairs for balance)

Mon/Wed/Fri 10:30-11:30 am

Gentle' Yoga-Karen Clark Romans:

Tuesdays 6:00-7:00 pm Thursdays 6:00-7:00 pm Fee: \$42/6 classes; \$10 Drop-in

Zumba with Vicki Rossettie:

Wednesdays 7:30-8:30 pm \*Thursdays 12:30-1:30 pm

Fee: \$42/6 classes; \$9 Drop-in



# Eat Well, Live Well Lunch



Mon./Wed./Thurs. Lunch 11:30 am

Suggested donation \$3

Sponsored by:

Office of Aging & Long Term Care

Please call 737-5520 one day in advance for reservations

Monthly Menus available in Lobby

The **Bright Red Bookshelf** provides **FREE** books. Look for the **Bright Red Bookshelf** in the outer lobby and take a book or two for the children in your life. Book donations accepted in the office.

The red rolling book cart has books for adults available to the community for free. Please feel free to take a book and/ or donate a book back. Available in the outer lobby.

# Big Flats Historical Society Dinner

March 24~ 6:00 pm

Bring a dish to pass and your table setting.

~ All are Welcome! ~



## Creative Hands:

### ART:

**Tuesday Painting** 

Tuesday 1-4 pm **BYO Project** 

Portrait Workshop Wednesday 1-4 pm

\$10.00/Class

**Ceramic Painting** 

Monday 12-3 pm **BYO** Project

### Sewing / Knitting:

"Senior Sewing"

Wednesday 9-Noon

**BYO Project** 

Instruction available



"Knit 'n Knots"

Monday & Friday 9-Noon

BYO Project.

Instruction available

### Card Games:

**Monday: BRIDGE** 

Tuesday: The Players / Bridge

Wednesday: **EUCHRE** 

Friday: PINOCHLE

12:30-4:00 pm

Come and play!

All are Welcome!



### Big Flats Community Center

476 Maple St. Big Flats, NY 14814 607-562-8443 x. 303 IDD-711 communitycenter@bigflatsny.gov

Office Hours 8am - 4pm Website: www.bigflatsny.gov

